

Assumptions used are as follows:

- for every 40 spectator capacity from both teams means 1 parent per player,
- inside the rink capacity permitted allow for the maximum number of coaching staff and player currently permitted by OMHA

| City/Town/Arena | Roster Restriction | Number in Spectators | Average Spectators per Player | Facility Access Time (minutes before game) | Notes |
|------------------------|---------------------------|-----------------------------|--------------------------------------|---|---|
| Ajax Pickering | no | 40 | 1 | 15 | |
| Barrie Zone | | | | | |
| Barrie | no | 80 | 2 | 20 | |
| Innsfil | yes | 80 | 2 | 20 | combined 35 players on the benches |
| Clarington | | | | | |
| South Courtice | no | 120 | 3 | | |
| Rickards B | no | 100 | 2.5 | | |
| Darlington | no | 60 | 1.5 | | |
| Central | no | 80 | 2 | | |
| North Central | no | 100 | 2.5 | 20 | |
| Quinte | no | 100 | 2.5 | | |
| Kingston | no | 100 | 2.5 | | |
| Oshawa | | | | | |
| Delpark | no | 80 | 2 | 20 | |
| Campus | no | 200 | 4 | 20 | |
| Markham | no | 100 | 2.5 | 30 | Players & spectators must leave within 30 minutes of game end |
| Peterborough | yes | 80/100 | 2 | 10 | U15-U18: 50/game (including bench staff) U9-U14: 40/game (including bench staff) |
| Richmond Hill | no | 60 | 1.5 | | |
| York Simcoe | | | | | |
| St Andrews College | no | 125 | 3 | | |
| Whitby | no | 80 | 2 | | |